



***Invitation***  
***North Sea swim meet***

**09. – 11. November 2007**  
**Stavanger Norway**



# City of Sports /



## European capital of culture 2008



STAVANGER  
Det er  
VAN  
GER



1973      2007  
NORDSJØSTEVNET

### **The North Sea Meet**

*The first «North Sea swim meet», was arranged in 1973 as a result of the cooperation between Phillips Petroleum Co Norway and the Norwegian Swim Federation (NSF) together with Rogaland swimming union (RSK). It gave swimming in Rogaland, as well as in Norway as a whole, a real boost.*

*A great number of Norwegian and international records have been set in the Stavanger Swim Hall during through the years. The most spectacular of these is the world record set in 1993 by Angel Martino in 100 m backstroke and a total of 11 Norwegian records were set during the 2005 short course Norwegian Championship, in the 2006 North Sea Meet 12 national records and 4 world IPC records were set.*

*North Sea Meet has through the 33 years achieved the status as one of four national swimming highlights and is a qualifying meet for the European Short Course Swimming Championships in December.*

*Among top international swimmers who have come to compete in Stavanger we can mention Jenny Thompson, Marcel Wouda, Mark Veens, Mette Jacobsen, Tommy Werner, Karl Heinz Klenz and Antje Buschshulte, Martin Gustavsson and Norway's Alexander Dale Oen.*

*Rogaland swimming union has together with the local community brought the North Sea Meet up to the excellent standard that swimmers have grown to expect. The North Sea Meet achieved great popularity and status with both Norwegian and foreign swimmers. Stavanger Swim Hall is renowned for its special atmosphere and for being a very fast pool.*

# North Sea Meet 2007

*With the approval of the Norwegian Swimming Federation, Rogaland Swimming Union hereby invites to The North Sea Meet in Stavanger, November 09<sup>th</sup> – 11<sup>th</sup>, 2007.*

## Stavanger Swim hall

The pool has 6 lanes, is 25m long and the water temperature is 26° C.

## Direct finals and Super finals

The meet will have direct finals. Participation is limited by qualifying times and by the number of heats.

2 heats in 400m, 200 m and 100 m events
3 heats in 50 m events
Super finals in all individual events and relay events. One heat in each event irrespective of age group

The arranger reserves the right to include extra heats in order to ensure the participation of qualified swimmers especially invited to the meet.

## Handicapped swimmers

1 heat in 100 m events
2 heats in 50 m events
Super finals in the 50 m events. One heat in each event irrespective of class

Swimmers will be ranked according to the Australian model for multi disability meets based on relative proximity to the world record in the respective classes. This procedure applies to selection for participation and for awards. The long course world records official at January 1<sup>st</sup> 2007 will be used as basis for the selection.

## Awards

Direct finals: Medals for 1<sup>st</sup> – 3<sup>rd</sup> place, individuals and relays.  
Super Finals: 1. place is awarded **NOK 1500**, - . Gift awards for 2<sup>nd</sup> to 6<sup>th</sup> place.  
Relay teams: Gift awards for 1<sup>st</sup> – 6<sup>th</sup> place.

The highest score (ref. Norwegian Swimming Federation tables) irrespective of event, direct or super finals, will be rewarded **NOK 10.000**, men and women.  
An award is divided in case of a tie. Swimmers under the age of 15 are not eligible.

Two swimmers from Rogaland will receive a special award.

## Awards Handicap classes

Direct finals: Medals for 1<sup>st</sup> – 3<sup>rd</sup> place, individuals and relays.  
Super Finals: 1<sup>st</sup> place is awarded NOK **500,-**  
Gift awards for 2<sup>nd</sup> – 6<sup>th</sup> place.

In the handicap classes the three best performances in the super finals irrespective of sex will be rewarded as follows: **NOK 5.000,-/ 2.000,-/ 1.000,-**.  
An award is divided in case of a tie. Swimmers under the age of 15 are not eligible.

## Entries:

Entries must be received by October 22<sup>nd</sup> 2007 12:00 midnight.  
Qualification period: 22.10.06 – 22.10.07  
E-Mail entries are encouraged. E-Mail: [nordsjo@medley.no](mailto:nordsjo@medley.no)  
Mail entries to: John Erlend Christiansen Varderingen 10 2054 MOGREINA

All entries will be confirmed at receipt.

Start lists will be mailed out by the 24<sup>th</sup> of October and placed on the following web page:  
[www.livetiming.no/nordsjo07](http://www.livetiming.no/nordsjo07), here you will find continually updated information as well as the results from the North Sea Meet 2005, 2006.

## Entry fee:

NOK 75, - per start and NOK 150, - per relay. Payable to bank account: 3201.28.82059.  
Please bring a stamped receipt of payment to the meet.

Late entries at double entry fee will be accepted until 24 hours before the start of the meet if there are vacant places.

## Information / registration

**Meet Office:** Stavanger Swim hall open from Friday November 09<sup>th</sup> at 9 a.m.

**Leader meeting:** Friday November 09<sup>th</sup> at 12 noon.

## Inquiries

Hans Hagenes, telephone: 928 11 685, E-Mail: [hans.hagenes@gagdata.no](mailto:hans.hagenes@gagdata.no)

## Warm up periods

Thursday	18:00 – 20:00	
Friday	10:00 – 13:45	
Saturday	07:00 – 08:45	15:00 – 16:30
Sunday	07:00 – 08:45	14:00 – 15:45

## Hotels

We recommend the following hotel which is centrally placed in downtown Stavanger. The Stavanger Swim hall is only 5 minutes walking distance from the hotel.

### THON HOTEL MARITIM

Camilla Ødegård

Booking Manager

Tlf: +47 51850559 (08.00 – 16:00), or +47 51850500

Fax: +47 51850501

E-mail: [maritim.booking@thonhotels.no](mailto:maritim.booking@thonhotels.no)

Web: [www.thonhotels.no/maritim](http://www.thonhotels.no/maritim)

Reference number to be used when ordering rooms: 3003000/Nordsjøstevnet 2007

Room rates:

650,- pr single room

800,- pr double room

1000,- pr triple room

Information about the city of Stavanger and the European cultural capital 2008 is found here:

<http://www.destinasjon-stavanger.no>

***Welcome to the North Sea Meet  
Rogaland Swimming Union***

***Hans Hagenes  
Chairman***



## Events and Qualifying Times 2007

**Friday 14.00**

Event no.	Event	Classes	Qualification times	Winning time 2006 (heats)
1	400 Free	94 - 93 Women	4,55.00	<a href="#">4.29,29</a>
		92 - 91 Women	4,50.00	<a href="#">4.23,53</a>
		90 - 89 Women	4,45.00	<a href="#">4.22,41</a>
		88 and older Women	4,35.00	<a href="#">4.17,98</a>
2	400 Free	94 - 93 Men	4,50.00	<a href="#">4.18,75</a>
		92 - 91 Men	4,35.00	<a href="#">4.06,64</a>
		90 - 89 Men	4,25.00	<a href="#">4.00,61</a>
		88 and older Men	4,20.00	<a href="#">3.56,07</a>
3	50 Back	94 - 93 Women	36.00	<a href="#">32,48</a>
		92 - 91 Women	35.00	<a href="#">31,95</a>
		90 - 89 Women	34.00	<a href="#">29,38</a>
		88 and older Women	33.50	<a href="#">30,25</a>
4	50 Back	Handicapped Women	150%of WR	Direct final
		94 - 93 Men	35.00	<a href="#">30,52</a>
		92 - 91 Men	33.50	<a href="#">27,62</a>
		90 - 89 Men	31.50	<a href="#">27,51</a>
		88 and older Men	29.50	<a href="#">27,14</a>
Handicapped Men	150%of WR	Direct final		
5	100 Breast	94 - 93 Women	1,25.00	<a href="#">1.18,30</a>
		92 - 91 Women	1,22.00	<a href="#">1.13,50</a>
		90 - 89 Women	1,20.00	<a href="#">1.14,36</a>
		88 and older Women	1,18.00	<a href="#">1.10,09</a>
6	100 Breast	Handicapped Women	150%ofWR	123,32%
		94 - 93 Men	1,22.00	<a href="#">1.10,23</a>
		92 - 91 Men	1,18.00	<a href="#">1.06,58</a>
		90 - 89 Men	1,16.00	<a href="#">1.06,44</a>
		88 and older Men	1,12.00	<a href="#">1.01,06</a>
Handicapped Men	150%of WR	106.24%		
7	50 Free	94 - 93 Women	31.50	<a href="#">27,95</a>
		92 - 91 Women	30.00	<a href="#">26,93</a>
		90 - 89 Women	29.50	<a href="#">25,76</a>
		88 and older Women	29.00	<a href="#">25,76</a>
8	50 Free	Handicapped Women	150%ofWR	108,09%
		94 - 93 Men	29.50	<a href="#">25,58</a>
		92 - 91 Men	27.50	<a href="#">24,60</a>
		90 - 89 Men	26.50	<a href="#">24,16</a>
		88 and older Men	25.00	<a href="#">23,06</a>
Handicapped Men	150%of WR	Direct final		
9	200 Medley	94 - 93 Women	2,42.00	<a href="#">2.28,29</a>
		92 - 91 Women	2,38.00	<a href="#">2.23,61</a>
		90 - 89 Women	2,36.00	<a href="#">2.22,03</a>
		88 and older Women	2,30.00	<a href="#">2.15,74</a>
10	200 Medley	94 - 93 Men	2,38.00	<a href="#">2.21,85</a>
		92 - 91 Men	2,30.00	<a href="#">2.13,07</a>
		90 - 89 Men	2,24.00	<a href="#">2.07,78</a>
		88 and older Men	2,18.00	<a href="#">2.03,67</a>

**Saturday 09:00**

Event no.	Event	Classes		Qualification times	Winning time 2006 (heats)
11	100 Back	94 - 93	Men	1,15.00	<a href="#">1.04,39</a>
		92 - 91	Men	1,09.00	<a href="#">1.00,11</a>
		90 - 89	Men	1,06.00	<a href="#">58,00</a>
		88 and older	Men	1,04.00	<a href="#">58,53</a>
		Handicapped	Men	150% of WR	122.70%
12	100 Back	94 - 93	Women	1,16.00	<a href="#">1.09,08</a>
		92 - 91	Women	1,14.50	<a href="#">1.08,18</a>
		90 - 89	Women	1,13.00	<a href="#">1.04,26</a>
		88 and older	Women	1,10.00	<a href="#">1.05,58</a>
		Handicapped	Women	150% of WR	103.84%
13	50 Butterfly	94 - 93	Men	33.50	<a href="#">28,08</a>
		92 - 91	Men	30.00	<a href="#">27,12</a>
		90 - 89	Men	28.50	<a href="#">25,73</a>
		88 and older	Men	27.00	<a href="#">25,66</a>
		Handicapped	Men	150% of WR	102,18%
14	50 Butterfly	94 - 93	Women	35.00	<a href="#">31,84</a>
		92 - 91	Women	33.00	<a href="#">29,07</a>
		90 - 89	Women	32.00	<a href="#">28,24</a>
		88 and older	Women	30.50	<a href="#">27,68</a>
		Handicapped	Women	150% of WR	105,24%
15	100 Free	94 - 93	Men	1,03.00	<a href="#">55,95</a>
		92 - 91	Men	59.00	<a href="#">53,99</a>
		90 - 89	Men	57.50	<a href="#">52,49</a>
		88 and older	Men	55.00	<a href="#">50,93</a>
		Handicapped	Men	150% of WR	<b>96.94%</b>
16	100 Free	94 - 93	Women	1,06.00	<a href="#">59,75</a>
		92 - 91	Women	1,05.00	<a href="#">58,39</a>
		90 - 89	Women	1,04.00	<a href="#">57,79</a>
		88 and older	Women	1,03.50	<a href="#">56,50</a>
		Handicapped	Women	150% of WR	107.29%
17	200 Breast	94 - 93	Men	2,59.00	<a href="#">2.33,15</a>
		92 - 91	Men	2,46.00	<a href="#">2.25,03</a>
		90 - 89	Men	2,40.00	<a href="#">2.23,47</a>
		88 and older	Men	2,35.00	<a href="#">2.14,01</a>
18	200 Breast	94 - 93	Women	3,00.00	<a href="#">2.47,64</a>
		92 - 91	Women	2,55.00	<a href="#">2.38,22</a>
		90 - 89	Women	2,50.00	<a href="#">2.41,34</a>
		88 and older	Women	2,48.00	<a href="#">2.32,20</a>
19	4 x 50 Free	88 and older	Men	--	<a href="#">1.34,38</a>
20	4 x 50 Free	88 and older	Women	--	<a href="#">1.48,08</a>

**Sunday 09:00**

Event no.	Event	Classes		Qualification times	Winning time 2006 (heats)
21	100 Butterfly	94 - 93	Women	1,16.50	<a href="#">1.10,48</a>
		92 - 91	Women	1,15.00	<a href="#">1.05,75</a>
		90 - 89	Women	1,14.00	<a href="#">1.02,21</a>
		88 and older	Women	1,12.00	<a href="#">1.01,79</a>
		Handicapped	Women	150% of WR	136,03%
22	100 Butterfly	94 - 93	Men	1,13.00	<a href="#">1.02,62</a>
		92 - 91	Men	1,08.00	<a href="#">59,04</a>
		90 - 89	Men	1,04.00	<a href="#">57,17</a>
		88 and older	Men	1,00.50	<a href="#">56,37</a>
		Handicapped	Men	150% of WR	107.28%
23	50 Breast	94 - 93	Women	39.50	<a href="#">36,33</a>
		92 - 91	Women	38.00	<a href="#">34,42</a>
		90 - 89	Women	37.00	<a href="#">32,99</a>
		88 and older	Women	36.00	<a href="#">32,79</a>
		Handicapped	Women	150% of WR	124,18%
24	50 Breast	94 - 93	Men	38.00	<a href="#">32,78</a>
		92 - 91	Men	35.50	<a href="#">30,70</a>
		90 - 89	Men	34.00	<a href="#">30,79</a>
		88 and older	Men	32.00	<a href="#">29,39</a>
		Handicapped	Men	150% of WR	102,6%
25	200 Fri	94 - 93	Women	2,24.00	
		92 - 91	Women	2,22.00	
		90 - 89	Women	2,18.00	
		88 and older	Women	2,16.00	
26	200 Fri	94 - 93	Men	2,18.00	
		92 - 91	Men	2,12.00	
		90 - 89	Men	2,06.00	
		88 and older	Men	2,00.00	
27	100 Medley	94 - 93	Women	1,16.50	<a href="#">1.09,15</a>
		92 - 91	Women	1,15.00	<a href="#">1.08,51</a>
		90 - 89	Women	1,14.00	<a href="#">1.05,47</a>
		88 and older	Women	1,12.00	<a href="#">1.05,52</a>
		Handicapped	Women	150% of WR	<b>99,94%</b>
28	100 Medley	94 - 93	Men	1,13.00	<a href="#">1.05,27</a>
		92 - 91	Men	1,09.00	<a href="#">1.00,26</a>
		90 - 89	Men	1,06.00	<a href="#">59,79</a>
		88 and older	Men	1,01.50	<a href="#">57,31</a>
		Handicapped	Men	150% of WR	104,51%
29	4 x 50 Medley	88 and older	Women	--:--	<a href="#">1.59,17</a>
30	4 x 50 Medley	88 and older	Men	--:--	<a href="#">1.45,24</a>

## SUPERFINALS and winning times 2006

SATURDAY 17:00		SUNDAY 16:00	
	M/W		W/M
400 Free	<a href="#">3.55,26</a> / <a href="#">4.15,49</a>	50 Free (HC)	103,36% / 99,12%
50 Butterfly (HC)	100,2% / 104,0%	50 Free	<a href="#">25,49</a> / <a href="#">23,07</a>
50 Butterfly	<a href="#">24,42</a> / <a href="#">27,84</a>	200 Breast	<a href="#">2.30,29</a> / <a href="#">2.09,79</a>
100 Back	<a href="#">56,85</a> / <a href="#">1.04,30</a>	100 Butterfly	<a href="#">1.00,87</a> / <a href="#">55,43</a>
100 Breast	<a href="#">59,40</a> / <a href="#">1.10,21</a>	200 Free	
100 Free	<a href="#">50,83</a> / <a href="#">55,14</a>	50 Breast (HC)	121,57% / 97,92%
50 Back (HC)	106,73% / 99,77%	50 Breast	<a href="#">32,30</a> / <a href="#">27,77</a>
50 Back	<a href="#">26,60</a> / <a href="#">28,62</a>	100 Medley	<a href="#">1.02,96</a> / <a href="#">56,49</a>
200 Medley	<a href="#">1.58,74</a> / <a href="#">2.16,75</a>	4 x 50 Medley	<a href="#">1.40,98</a> / <a href="#">1.58,69</a>
4 x 50 Free	<a href="#">1.46,29</a> / <a href="#">1.32,93</a>		



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