



NORDSJØ **STEVNET**

2006

10. – 12. November 2006
Stavanger, Norway



City of Sports /



European capital of culture 2008



STAVANGER
Det er
VAN
GER



1973 2006
NORDSJØSTEVNET

The North Sea Meet

The first «North Sea swim meet», was arranged in 1973 as a result of the cooperation between Phillips Petroleum Co Norway and the Norwegian Swim Federation (NSF) together with Rogaland swimming union (RSK). It gave swimming in Rogaland, as well as in Norway as a whole, a real boost.

A great number of Norwegian and international records have been set in the Stavanger Swim Hall during through the years. The most spectacular of these is the world record set in 1993 by Angel Martino in 100 m backstroke and a total of 11 Norwegian records were set during the 2005 short course Norwegian Championship.

North Sea Meet has through the 32 years achieved the status as one of four national swimming highlights and is a qualifying meet for the European Short Course Swimming Championships in December.

Among top international swimmers who have come to compete in Stavanger we can mention Jenny Thompson, Marcel Wouda. Mark Veens, Mette Jacobsen, Tommy Werner, Karl Heinz Klenz and Antje Buschshulte, Martin Gustavsson and Norway's Alexander Dale Oen.

Rogaland swimming union has together with the local community brought the North Sea Meet up to the excellent standard that swimmers have grown to expect. The North Sea Meet achieved great popularity and status with both Norwegian and foreign swimmers. Stavanger Swim Hall is renowned for its special atmosphere and for being a very fast pool.

North Sea Meet 2006

With the approval of the Norwegian Swimming Federation, Rogaland Swimming Union hereby invites to The North Sea Meet in Stavanger, November 10th – 12th, 2006.

Stavanger Swim hall

The pool has 6 lanes, is 25m long and the water temperature is 26° C.

Direct finals and Super finals

The meet will have direct finals. Participation is limited by qualifying times and by the number of heats.

2 heats in 400m, 200 m and 100 m events
3 heats in 50 m events
Super finals in all individual events and relay events. One heat in each event irrespective of age group

The arranger reserves the right to include extra heats in order to ensure the participation of qualified swimmers especially invited to the meet.

Handicapped swimmers

1 heat in 100 m events
2 heats in 50 m events
Super finals in the 50 m events. One heat in each event irrespective of class

Swimmers will be ranked according to the Australian model for multi disability meets based on relative proximity to the world record in the respective classes. This procedure applies to selection for participation and for awards. The long course world records official at January 1st 2006 will be used as basis for the selection.

Awards

Direct finals: Medals for 1st – 3rd place, individuals and relays.
Super Finals: 1. place is awarded **NOK 1500**, - . Gift awards for 2nd to 6th place.
Relay teams: Gift awards for 1st – 6th place.

The highest score (ref. Norwegian Swimming Federation tables) irrespective of event, direct or super finals, will be rewarded **NOK 10.000**, men and women.
An award is divided in case of a tie. Swimmers under the age of 15 are not eligible.

Two swimmers from Norway will receive a special award.

Awards Handicap classes

Direct finals: Medals for 1st – 3rd place, individuals and relays.
Super Finals: 1st place is awarded NOK **500,-**
Gift awards for 2nd – 6th place.

In the handicap classes the three best performances in the super finals irrespective of sex will be rewarded as follows: **NOK 5.000,-/ 2.000,-/ 1.000,-**.
An award is divided in case of a tie. Swimmers under the age of 15 are not eligible.

Entries:

Entries must be received by **October 23rd 2006 12:00 midnight**.

E-Mail entries are encouraged. E-Mail: nordsjo@medley.no
Mail entries to: John Erlend Christiansen Varderingen 10 2054 MOGREINA

All entries will be confirmed at receipt.

Start lists will be mailed out by the 25th of October and placed on the following web page:
www.livetiming.no/nordsjo06 Here you will find continually updated information as well as the results from the North Sea Meet 2006.

Entry fee:

NOK 75, - per start and NOK 150, - per relay. Payable to bank account: 3201.28.82059.
Please bring a stamped receipt of payment to the meet.

Late entries at double entry fee will be accepted until 24 hours before the start of the meet if there are vacant places.

Information / registration

Meet Office: Stavanger Swim hall open from Friday November 10th at 9 a.m.

Leader meeting: Friday November 10th at 12 noon.

Inquiries

Hans Hagenes, telephone: 928 11 685, E-Mail: hans.hagenes@gagdata.no

Warm up periods

Thursday	18:00 – 20:00	
Friday	10:00 – 13:45	
Saturday	07:00 – 08:45	15:00 – 16:30
Sunday	07:00 – 08:45	14:00 – 15:45

Hotels

We recommend the following hotels which are centrally placed in downtown Stavanger. The Stavanger Swim hall is only 5 minutes walking distance from the hotels.

Rica Park Hotel 9.-13. November, breakfast included:

Single room NOK. 595,-
Double room NOK. 695,-
Triple room NOK. 895,-

Reservations for Rica Park:

Tel. 51 500 500 or per email: rica.park.hotel.stavanger@rica.no

Please use **Nordsjostevnet** as reference when ordering.

Rica Victoria Hotel 9.-13. November, breakfast included:

Single room NOK. 595,-
Double room NOK. 695,-
Triple room NOK. 895,-

Tel. 51 86 70 00 or per email: victoria@victoria-hotel.no

Please use **Nordsjostevnet** as reference when ordering.

Information about the city of Stavanger and the European cultural capital 2008 is found here:
<http://www.destinasjon-stavanger.no>

***Welcome to the North Sea Meet
Rogaland Swimming Union***

***Hans Hagenes
Chairman***



Events and Qualifying Times 2006

Friday 14.00

Event no.	Event	Classes	Qualification times	Winning time 2005 (heats)
1	400 Free	93 - 92 Women	4,55.00	4.27,92
		91 - 90 Women	4,50.00	4.26,60
		89 - 88 Women	4,45.00	4.23,80
		Senior Women	4,35.00	4.19,29
2	400 Free	93 - 92 Men	4,50.00	4.24,71
		91 - 90 Men	4,35.00	4.05,56
		89 - 88 Men	4,25.00	3.58,42
		Senior Men	4,20.00	3.54,05
3	50 Back	93 - 92 Women	36.00	30,14
		91 - 90 Women	35.00	32,01
		89 - 88 Women	34.00	30,02
		Senior Women	33.50	30,87
4	50 Back	Handicapped Women	150%of WR	Direct final
		93 - 92 Men	35.00	29,65
		91 - 90 Men	33.50	28,31
		89 - 88 Men	31.50	26,70
		Senior Men	29.50	25,47
5	100 Breast	Handicapped Men	150%of WR	Direct final
		93 - 92 Women	1,25.00	1.15,03
		91 - 90 Women	1,22.00	1.13,02
		89 - 88 Women	1,20.00	1.12,69
		Senior Women	1,18.00	1.10,00
6	100 Breast	Handicapped Women	150%ofWR	104.19 %
		93 - 92 Men	1,22.00	1.12,76
		91 - 90 Men	1,18.00	1.07,50
		89 - 88 Men	1,16.00	1.05,92
		Senior Men	1,12.00	1.02,08
7	50 Free	Handicapped Men	150%of WR	138.29 %
		93 - 92 Women	31.50	27,76
		91 - 90 Women	30.00	27,01
		89 - 88 Women	29.50	25,83
		Senior Women	29.00	25,94
8	50 Free	Handicapped Women	150%ofWR	Direct final
		93 - 92 Men	29.50	26,52
		91 - 90 Men	27.50	24,40
		89 - 88 Men	26.50	23,30
		Senior Men	25.00	23,09
9	200 Medley	Handicapped Men	150%of WR	Direct final
		93 - 92 Women	2,42.00	2.26,05
		91 - 90 Women	2,38.00	2.22,90
		89 - 88 Women	2,36.00	2.21,40
		Senior Women	2,30.00	2.20,12
10	200 Medley	93 - 92 Men	2,38.00	2.23,43
		91 - 90 Men	2,30.00	2.12,43
		89 - 88 Men	2,24.00	2.07,83
		Senior Men	2,18.00	2.01,81

Saturday 09:00

Event no.	Event	Classes		Qualification times	Winning time 2005 (heats)
11	100 Back	93 - 92	Men	1,15.00	1.02,98
		91 - 90	Men	1,09.00	1.00,85
		89 - 88	Men	1,06.00	1.00,26
		Senior	Men	1,04.00	56,36
		Handicapped	Men	150% of WR	128.45 %
12	100 Back	93 - 92	Women	1,16.00	1.10,40
		91 - 90	Women	1,14.50	1.05,94
		89 - 88	Women	1,13.00	1.04,94
		Senior	Women	1,10.00	1.04,49
		Handicapped	Women	150% of WR	119.64 %
13	50 Butterfly	93 - 92	Men	33.50	29,11
		91 - 90	Men	30.00	27,10
		89 - 88	Men	28.50	25,60
		Senior	Men	27.00	24,98
		Handicapped	Men	150% of WR	Direct final
14	50 Butterfly	93 - 92	Women	35.00	30,87
		91 - 90	Women	33.00	29,14
		89 - 88	Women	32.00	28,39
		Senior	Women	30.50	27,91
		Handicapped	Women	150% of WR	Direct final
15	100 Free	93 - 92	Men	1,03.00	57,94
		91 - 90	Men	59.00	54,46
		89 - 88	Men	57.50	50,93
		Senior	Men	55.00	50,85
		Handicapped	Men	150% of WR	107.67 %
16	100 Free	93 - 92	Women	1,06.00	1.00,08
		91 - 90	Women	1,05.00	58,95
		89 - 88	Women	1,04.00	57,12
		Senior	Women	1,03.50	57,44
		Handicapped	Women	150% of WR	111.04 %
17	200 Breast	93 - 92	Men	2,59.00	2.41,14
		91 - 90	Men	2,46.00	2.26,70
		89 - 88	Men	2,40.00	2.23,68
		Senior	Men	2,35.00	2.14,36
18	200 Breast	93 - 92	Women	3,00.00	2.44,92
		91 - 90	Women	2,55.00	2.35,59
		89 - 88	Women	2,50.00	2.38,73
		Senior	Women	2,48.00	2.32,25
19	4 x 50 Medley	Senior	Men	--:--	1.42,63
20	4 x 50 Medley	Senior	Women	--:--	1.57,31

Sunday 09:00

Event no.	Event	Classes		Qualification times	Winning time 2005 (heats)
21	100 Butterfly	93 - 92	Women	1,16.50	1.06,88
		91 - 90	Women	1,15.00	1.06,66
		89 - 88	Women	1,14.00	1.06,57
		Senior	Women	1,12.00	1.01,91
		Handicapped	Women	150% of WR	-
22	100 Butterfly	93 - 92	Men	1,13.00	1.06,80
		91 - 90	Men	1,08.00	58,74
		89 - 88	Men	1,04.00	54,97
		Senior	Men	1,00.50	54,95
		Handicapped	Men	150% of WR	113.36 %
23	50 Breast	93 - 92	Women	39.50	35,37
		91 - 90	Women	38.00	33,83
		89 - 88	Women	37.00	33,02
		Senior	Women	36.00	33,20
		Handicapped	Women	150% of WR	Direct final
24	50 Breast	93 - 92	Men	38.00	33,77
		91 - 90	Men	35.50	31,17
		89 - 88	Men	34.00	30,31
		Senior	Men	32.00	28,77
		Handicapped	Men	150% of WR	Direct final
25	200 Back	93 - 92	Women	2:38.00	New 2006
		91 - 90	Women	2:34.00	"
		89 - 88	Women	2:32.50	"
		Senior	Women	2:31:00	"
26	200 Back	93 - 92	Men	2:32.00	New 2006
		91 - 90	Men	2:24.00	"
		89 - 88	Men	2:22.00	"
		Senior	Men	2:20.00	"
27	100 Medley	93 - 92	Women	1,16.50	1.10,25
		91 - 90	Women	1,15.00	1.07,37
		89 - 88	Women	1,14.00	1.05,50
		Senior	Women	1,12.00	1.05,62
		Handicapped	Women	150% of WR	104.61 %
28	100 Medley	93 - 92	Men	1,13.00	1.05,97
		91 - 90	Men	1,09.00	1.01,47
		89 - 88	Men	1,06.00	58,61
		Senior	Men	1,01.50	57,53
		Handicapped	Men	150% of WR	112.57 %
29	4 x 50 Free	Senior	Women	--:--	1.46,45
30	4 x 50 Free	Senior	Men	--:--	1.33,90

SUPERFINALS and winning times 2005

SATURDAY 17:00

M/W

400 Free	3.59,05 / 4.16,52
50 Butterfly (HC)	111.17% / 110.16%
50 Butterfly	24,92 / 27,57
100 Back	54,40 / 1.04,48
100 Breast	1.00,11 / 1.09,70
100 Free	50,62 / 56,55
50 Back (HC)	108.15 %/113.79%
50 Back	25,49 / 29,62
200 Medley	1.59,78 / 2.14,23
4 x 50 Free	1.45,53 / 1.33,14
4 x 50 Medley	1.45,53 / 1.33,14

SUNDAY 16:00

W/M

50 Free (HC)	105.01%/106.56%
50 Free	25,75 / 23,32
200 Breast	2.25,02 / 2.12,28
100 Butterfly	1.01,50 / 54,68
200 Back	
50 Breast (HC)	116.54%/141.73%
50 Breast	32,40 / 28,06
100 Medley	1.03,22 / 56,18
4 x 50 Medley	1.41,84 / 1.55,60
4 x 50 Free	1.41,84 / 1.55,60



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